



# MOTHER NATURE'S MARKET & *Deli*

## May 2016

# SALES

COCONUT BLISS  
FROZEN DESSERT  
ASSORTED



**8<sup>54</sup>**  
ea.

ANNIE'S HOMEGROWN  
PASTA  
ASSORTED



**2/6<sup>00</sup>**

G.H. CRETORS  
CHICAGO MIX  
POPCORN



**2/7<sup>00</sup>**

BLUE SKY  
POPS ASSORTED



**94¢**  
ea.

CANPREV  
ELECTROMAG



**17<sup>99</sup>**  
/30x6.7g

NORDIC NATURALS  
CHILDREN'S  
DHA



**27<sup>57</sup>**  
/180SG

NORDIC NATURALS  
BABY  
LIQUID  
DHA



**20<sup>69</sup>**  
/59ml

While Supplies Last. No rainchecks. Restrictions may apply.

**OPEN  
9-10**

7 Days a Week

## *Be Healthy, Go Natural*

COOK ST. VILLAGE  
www.mothernaturesbc.ca

250-590-7390

# GROCERY

# SALES

SO DELICIOUS  
FRESH COCONUT  
MILK BEVERAGE



**479**  
/1.89L

NUTIVA  
COCONUT OIL  
REFINED



**1064**  
/860ml

CHA'S  
ORGANIC  
COCONUT MILK  
ASSORTED



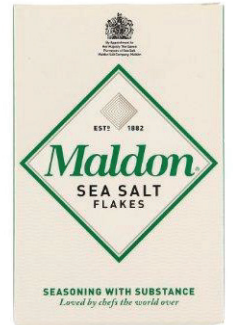
**434**  
ea.

SO NICE  
FRESH ALMOND  
MILK BEVERAGE



**527**  
/1.75L

MALDON  
SEA SALT



**944**  
ea.

ENDANGERED SPECIES  
CHOCOLATE  
BARS  
Assorted



**374**  
ea.

HORNBY ISLAND  
ENERGY BARS  
Assorted



**2/600**

BARBARA'S  
SNACKIMALS  
ASSORTED



**497**  
6 PK



DAIYA  
PIZZA  
ASSORTED

**799**  
ea.

GUAYAKI  
YERBA MATE  
ASSORTED



**237**  
/473ml

BUCHA  
KOMBUCHA  
Assorted



**2/700**

HIDDEN GARDEN  
COOKIES  
ASSORTED



**489**  
/150g

BLUE DIAMOND  
ALMOND MILK  
ASSORTED



**367**  
/946ml

KETTLE  
POTATO CHIPS  
ASSORTED



**2/600**

CAPE HERB  
ATLANTIC  
SEA SALT  
GRINDER



**847**  
/360g

While Supplies Last. No rainchecks. Restrictions may apply.

## LOCAL HAS A NAME MOTHER NATURE'S

COOK ST. VILLAGE  
www.mothernaturesbc.ca

250-590-7390

# DELI

# SALES

# PRODUCE

HABIBI'S  
HUMMUS  
ASSORTED



**364**  
/200g

EDAM  
CHEESE



**199**  
/100g

FREYBE  
OVEN ROASTED  
TURKEY



**269**  
/100g

DOLMADES



**99¢**  
/100g

FALAFEL  
WRAP



**599**  
ea.

Mother Nature's offers only Organic Produce. Eating organically grown foods is the best way to avoid chemicals present in conventionally grown produce. There are over 500 different chemicals used in modern agriculture! Organically grown foods have a better nutritional value than conventional produce not to mention the peace of mind of the long term effect of chemicals used on crops. We are proud to say that we do not carry any conventional produce.

ORGANIC  
AVOCADOS



**4/5<sup>00</sup>**

ORGANIC  
SALAD  
BLENDS



**499**  
/142g

ORGANIC  
GALA  
APPLES



**349**  
/lb

ORGANIC  
WATERMELON



**99¢**  
/lb

While Supplies Last. No rainchecks. Restrictions may apply.

**ORGANIC HAS A NAME**  
**MOTHER NATURE'S**

COOK ST. VILLAGE  
www.mothernaturesbc.ca

250-590-7390

# HEALTHY LIVING SALES



ALBA BOTANICA  
KID SUNSCREEN  
LOTION

**9<sup>99</sup>**  
/133g

GARDEN OF LIFE  
RAW PROTEIN  
CHOCOLATE



**43<sup>99</sup>**  
/732g



DOMATCHA  
ORG. MATCHA  
GREEN TEA

**32<sup>37</sup>**  
/30g

SIERRASIL  
JOINT FORMULA  
WITH CURCUMIN



**33<sup>79</sup>**  
/90CP



LIFE FACTORY  
FLIP CAP WATER  
BOTTLE

**25<sup>99</sup>**  
16 OZ

NATURAL FACTORS  
EMIQ



**17<sup>37</sup>**  
/60VC

AFTER \$2  
COUPON



BOTANICA  
OMEGALICIOUS  
FISH OIL

**19<sup>89</sup>**  
/225ml

AFTER \$3  
COUPON

While Supplies Last. No rainchecks. Restrictions may apply.



Magnesium Bis-Glycinate  
Gentle form. Powerful result.

CanPrev delivers pure elemental magnesium bis-glycinate in capsules, powder or refreshing effervescent drink mix. Whatever the form, get the most out of your magnesium supplement.



- Easily absorbed • Easily digested
- Used by every cell in your body

**HEALTHY LIVING HAS A NAME**  
**MOTHER NATURE'S**

COOK ST. VILLAGE  
[www.mothenaturesbc.ca](http://www.mothenaturesbc.ca)

250-590-7390

Disclaimer: All material on in this flyer is provided for your information only and may not be construed as medical advice or instruction. Health science changes quickly, no action or inaction should be taken based solely on the contents of this information; instead, readers should consult appropriate health professionals on any matter relating to their health and well-being. [www.mothenaturesbc.ca](http://www.mothenaturesbc.ca)